



HELP US  
**RAISE**  
**THE BAR**

AG ARDÚ AN BHARRA



PERFORMANCE  
**HUB**  
TRAIN TODAY, STRONGER TOMORROW



# GARBH ACHAIDH THE GARVAGHEY CONTEXT



In its first six years Garvaghey has thoroughly flourished and prospered. It's working every day, just as we'd planned, as an engine that helps drive our County, and the GAA in it, forward. Alongside its core Gaelic games business, Garvaghey promotes Irish culture and heritage along with personal and community development and well-being. It builds Gaelic, community and personal capacity, pride, esteem, contentment, well-being and self-worth, helping people to understand and appreciate Who they are and Where they are from.

Well over 50,000 people a year use Garvaghey. That's a thousand people a week. In our original projections we had aimed to peak at 25,000 users a year after five years. Instead Garvaghey had doubled that figure within a year. It's been a success of successes.

Our users include County teams, Clubs, Schools and individuals. Many of them attend the many and varied 'non-games' events that Garvaghey now allows us to host. At the same time Tyrone GAA teams training out of Garvaghey have reached

All-Ireland Finals at Senior, Under 21, Minor and Under 17 levels, winning two of them as well as four Ulster titles.

But now we want to make things even better there.

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# AN TIONSCADAL REFLECTING THE NEED

When we first planned Garvaghey the GAA didn't really focus on strength and conditioning. Neither was there a strong community or individual interest in health and well-being. So Garvaghey didn't include an indoor training/performance facility.

That means we have gaps in preparing Tyrone's Inter-County GAA squads (over 500 players between Adult and Underage). It means our Club and School users are limited to 'on-the-grass' work. And it means we can't offer any indoor provision for the 5,000+

people pa using Garvaghey's external walkways and 'green gym' stations, even for them to 'warm-up/warm-down' before and after their walking/jogging/running.

Those are the things we're now going to address.

Before doing that, we spoke with our County Managers and key coaches. We surveyed our GAA Clubs, local community groups and others. And we looked at several facilities across Ulster and beyond.



## MOL GNÍOMHAÍOCHTA PERFORMANCE HUB

Out of all that we scoped our planned Garvaghey Performance Hub. It will be a 28m x 12m building, set close in to our Centre building so it can make full use of its changing and other facilities. The Hub will contain:

- Nine 'best-in-class' multi-use strength and conditioning work stations
- A sprinting/testing track
- Multi-use spaces, including audio-visual facilities
- A nutrition station, rest/relaxation area, locker area and accessible toilet

The Hub will focus on strength and conditioning work and other physical fitness-related and community activities. Very importantly it will be able to cater for large numbers of people, all at the same time. All the while it will stick to the Garvaghey strapline 'For the ordinary, the less-ordinary and the extra-ordinary', meaning it'll be for everybody. And we'll resource and manage it as an integral part of the Garvaghey complex.

Crucially, the Hub has been designed flexibly, so that over time, as demands and needs change, we will be able to apply it to different uses.

## FEIDHMIÚ DELIVERING THE HUB PROJECT

Fully-fitted out, our Hub will cost well into six figures. We will get some GAA support against that and Fermanagh and Omagh Council has already awarded us a small grant. But it will, again, be the Gaels of Tyrone who will largely fund this asset for our County.

We've put in place a Hub funding model, based largely on the inspirational Garvaghey Patron and Dragain Thír Eoghain schemes which produced over £1.80m for investment in Tyrone GAA. That's what we would like you to look at and consider signing up for.

**“Long life, Loose fit,  
Low energy ...  
the classic  
architectural  
principles which  
underpin the  
design of our Hub ...  
Buanseasmhach,  
scaoilte,  
ísealfhuinneamh..”**

## LÉARGAS THE BIGGER PICTURE

It's not all just about the Performance Hub. We're also improving other parts of Garvaghey and expanding its offer. We're doing that by reshaping a storage area into a Development/Learning Studio, by improving the building's low-level catering/refreshments capacity and by developing a Gaelic Tyrone archive within one of our key rooms.



# IARRATAS WHAT WE'RE ASKING FOR

- £5,000
- As much as possible of that £5,000 'up front' so our Hub can proceed at a pace

**“Preparing the team, watching the team ... you help us prepare our Tyrone teams and in return we'll help you watch them ... Ullmhú na foirne, ag amharc ar an fhoireann..”**

# TAIRISCINT WHAT WE'RE OFFERING

- Your name, or the name of your choice, profiled in a quality way within the Hub building, and within the main building's foyer area
- The right to buy two tickets for Tyrone's next three All-Ireland Senior Football Finals, when and if reached
- For the next five years, complimentary admission for you and a colleague to all Tyrone's NFL games and to Tyrone's opening Ulster Championship matches plus the right to buy, at a discounted price, two tickets for all other Senior Championship games involving Tyrone
- Complimentary admission to Tyrone's Club Championships for five years



**“Whatever good things we build end up building us.”**

# CEANGAIL LINN INNIU AGUS FEABHSAIGH AN TODHCHAÍ ... JOIN TODAY AND CHANGE TOMORROW

**THIS FORM INSTRUCTS YOUR BANK OR BUILDING SOCIETY TO MAKE PAYMENTS DIRECT FROM YOUR ACCOUNT. PLEASE COMPLETE ALL THE FORM:**

(Banks and Building Societies may refuse to make such payments from some types of accounts)



## STANDING ORDER BUY INTO THE FEELING

- I wish to enrol as a
  - Tyrone 'Barista' (£1,000 per year)
  - Club Tyrone Member (£500 per year)
- Name & postal address of your Bank/Building Society:
- Name(s) of Account Holder(s):
- Account Number:
- Branch Sort Code:
- Please pay:
 

Cumann Thír Eoghain  
 Account Number: 8537 1264 Sort Code: 90-50-02  
 Bank of Ireland, 23-25 Campsie Place, Omagh,  
 Co Tyrone BT79 OAE

The sum of £

Annually £1,000/£500 £

Quarterly £250/£125 £

Monthly £83.33/£41.67 £

from the account detailed on this instruction commencing on:

ending on:

Please confirm that you consent to use of your personal information in line with our privacy policy as at [tyronegaa.ie/club-tyrone/club-tyrone-privacy-policy](http://tyronegaa.ie/club-tyrone/club-tyrone-privacy-policy)
- Name to be acknowledged within the building
- Signature:
 

Date:

Print Name:

Address:

Postcode:

Tel No:

Mobile:

Email:
- I am a UK taxpayer. I would like income tax to be reclaimed on my donation under the Gift Aid scheme.
 

Yes  No
- Please make immediate payment if the first payment date is missed.
 

Please tick

Please send the completed form to: Roisin Dooher, C/O Tyrone GAA Centre, 230 Radergan Road, Garvaghey, Dungannon, Co Tyrone, BT70 2EH  
**DO NOT SEND THIS FORM DIRECT TO YOUR BANK OR BUILDING SOCIETY**  
 Club Tyrone is registered as a charity with The Charity Commission for NI (Charity Number 105255) and is accepted as a charity for tax purposes by HM Revenue & Customs (Charity Reference No: XT20680)



For Official Use Only

Club Tyrone Ref:

Bank Ref:



**“Ná breithnigh ar gach lá de réir an fómhar a bhaineann tú, ach de réir na síolta a chuireann tú san fhód.”**

**“Don’t judge each day by the harvest you reap, but by the seeds you plant.”**

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Tyrone GAA Centre, 230 Radergan Road, Garvaghey, Dungannon, County Tyrone, BT70 2EH  
Charity Registration No: 105255

[www.clubtyrone.com](http://www.clubtyrone.com)